

EXAM PREPARATIONS

MRI

Most exams do not require preparation. For your comfort, you may wish to wear a sweatsuit without metal closures. Patients for **MRCP'S (GALLBLADDER)** should have nothing to eat or drink 6 hours prior. Patients for **MRI/MRA OF THE ABDOMEN OR BREAST** should have nothing to eat and only clear liquids to drink two (2) hours prior to exam.

ALL IV Contrast MRI patients require Lab Work (Bun & Creatinine) within 45 days if they are: 60 or older, Diabetic, Hypertensive, or have a history of renal disease.

CAT SCAN

If you are having a CAT Scan or the **ABDOMEN, PELVIC OR ABDOMEN AND PELVIC** you should not eat or drink four (4) hours prior to exam.

ALL IV Contrast Cat Scan patients require Lab Work (Bun & Creatinine) within 45 days if they are: 60 or older, Diabetic, Hypertensive, or have a history of renal disease.

MAMMOGRAM

Please bring most recent mammogram if done at another facility. Do not use powders, deodorant or perfume on the day of your test. These products contain substances that show up on X-ray film and can cause an unsatisfactory exam.

NUCLEAR MEDICINE

HEPATOBILARY SCAN (HIDA) AND GASTRIC EMPTYING do not eat or drink anything after midnight prior to your exam.

BONE SCAN: Initially, you will receive an injection, after which you may leave for a three (3) hour period and then return for the remainder of your study.

ULTRASOUND

ABDOMEN AND AORTA exams do not eat or drink anything after midnight prior to the exam.

PELVIC EXAMS should drink four (4) glasses of water one hour prior to the exam time. **DO NOT** Urinate until after the exam. This exam requires a full bladder. Pediatric patients should finish 12 ounces of water one half hour prior to exam.

ABDOMEN & PELVIC, SCHEDULED SAME DAY: do not eat six (6) hours before exam and drink four (4) glasses of water one hour prior to the exam time. **DO NOT** Urinate until after the exam. This exam requires a full bladder. Pediatric patients should finish 12 ounces of water one half hour prior to exam.

FLUOROSCOPY/ABDOMEN

UPPER GI, UPPER GI AND SMALL BOWEL, OR SMALL BOWEL ONLY do not eat, drink or smoke after midnight prior to your exam.

BARIUM ENEMA, IVP, VOIDING CYSTOGRAM follow test preparation instructions.